

Ben Nevis Challenge 2012

October 5th – 7th

Itinerary

Friday 5th October - Meet Stansted airport 06.30 am by the easy jet check in. (flights included)

Arrive Glasgow airport where the coach will collect the team and transfer us to our accommodation at Fort William Premier Inn (Accommodation included 2 people to a room, if you wish to have your own room you will have to pay a single supplement of £40 per night)

Restaurant is booked for 7.30pm where we will be eating and have a briefing on the following day by our mountain guides. Packed lunches will be issued for the following days climb. An early night is recommended, there will time for celebrations on night 2.

Saturday 6th October

Meet in the restaurant for breakfast at 7am. Be ready to leave the hotel by 8am transfer to Ben Nevis Inn, located at the base of Ben Nevis.

Photos will be taken and ready to start climb by 08.15 – 08.30.

The Trek to summit can vary on timing depending on weather and ability, an average time to reach summit is between 3.5 – 5 hours. Descending time can take from 2-3 hours. When arriving back at base you will be greeted with a well earned drink, certificate and medal at the Ben Nevis Inn.

The Ben Nevis Inn provides good food and atmosphere, if you are feeling good and would like to wait for the rest of the group to arrive it would be appreciated, if you feel you would like to return to the hotel we will get you transferred back to a hot bath.

Celebration meeting and meal will be held in the restaurant approx 8pm or on everyone's return.

After the meal you are free to attend drinks and celebration in the town or have an early night. The evening is yours.

Sunday 7th October

Coach will collect at 10am to return to Glasgow airport

Arrive back at Stansted airport where you make your own way home.

What is included –

Flights

Coach Transfer

Accommodation

Packed lunch on trek day

Mountain Guides

Support Team

Good fun and enjoyment

Not Included

Food & Drink