

# Look Good Feel Better Skincare and Make Up Workshops in 2019

Wednesdays 10am to 12pm

February 6th

April 3rd

June 5th

August 7th

September 11th

October 2nd

December 4th

Come and Join us for a two-hour, free of charge skincare and make-up workshop run by a team of qualified beauty volunteers.

Our workshops are about having fun. They are informal, relaxed and informative, giving people a chance to meet others in a similar situation.

It's a time for a woman to focus on herself – and not her illness.

**To be held at:**  
The Nightingale Cancer Support Centre  
187a Baker Street  
Enfield EN1 0JT  
Please call us to book your free place

**Tel: 0208 366 4333**  
or email

**[fiona@nightingalesupport.org.uk](mailto:fiona@nightingalesupport.org.uk)**